

# Universal SOCIAL STYLE® Self-Perception Administration Kit



# **Facilitator Guide**

# **AUDIENCE**

Trainers and Facilitators

# ASSESSMENTS AVAILABLE

Online and Paper SOCIAL STYLE Self-Perception Questionnaires

# **USE**

This Administration Kit is a "how-to" guide to using TRACOM's Improving Personal Effectiveness with Versatility Concepts Guide to facilitate a SOCIAL STYLE session. It provides everything needed to learn to teach an introductory SOCIAL STYLE session.



# SELF-AWARENESS OF BEHAVIOR IS THE FIRST STEP TO BETTER WORKING RELATIONSHIPS

Research shows that interpersonal skills are a common source of workplace problems. Understanding SOCIAL STYLE reduces such problems and their impact. Consider:

- 84% of people said that poor communication decreased productivity.
- 87% of people have experienced conflict due to Style differences.
- 80% of people said SOCIAL STYLE helped them have more effective relationships with co-workers.

SELF-PERCEPTION
CLASSES ARE EASY TO
TEACH AND QUICKLY
IMPROVE WORKPLACE
PERFORMANCE

# PRODUCT DESCRIPTION

TRACOM's Universal SOCIAL STYLE Self-Perception Administration Kit is a single resource to enable trainers and facilitators to quickly teach a SOCIAL STYLE class. It provides relevant SOCIAL STYLE background, information about the Improving Personal Effectiveness with Versatility Concepts Guide and recommended content for two-hour and four-hour training sessions.

TRACOM's **Self-Perception Questionnaires** are a popular choice among trainers because no pre-work is required and they are easily administered in a classroom. This Administration Kit is a self-study resource to equip any trainer with the knowledge and tools to teach a SOCIAL STYLE session using Self-Perception Questionnaires and concepts.





- Learn key concepts of SOCIAL STYLE Model™ and Versatility.
- Understand how to administer and score Self-Perception Questionnaires.
- Receive detailed, timed outlines for two-hour and four-hour SOCIAL STYLE sessions.
- Develop skill in teaching SOCIAL STYLE sessions.



Facilitator Guide • Improving
Personal Effectiveness with
Versatility Applications Guide and
Concepts Guide • SOCIAL STYLE
& Versatility Facilitator Handbook
• SOCIAL STYLE Questionnaire •
Versatility Questionnaire •
Resource Tools including
PowerPoint Presentation, Session
Evaluation Handout, Participant
Certificate Template and
Supporting Research • Style Dial •
Accepts/Rejects Guide Card •
Skills Guide Card



# Universal SOCIAL STYLE Self-Perception Administration Kit



# **Facilitator Guide Contents**

#### INTRODUCTION

Session Overview

#### HISTORY

- Roots of the SOCIAL STYLE Model™
- The Model Comes Together

#### **SESSION MATERIALS**

- Session Materials
- Two-Hour Session and Four-Hour Session
- The Self-Perception Questionnaires
- The Improving Personal Effectiveness with Versatility Concepts Guide
- Resource CD
- Additional Materials Available for Supplemental Exercises
- Preparation for the Self-Perception Session
- Additional Facilitator Preparation Materials

### SUGGESTED SESSION TIMING

- Timing for the Two-Hour Session
- Timing for the Four-Hour Session

# UNDERSTANDING AND USING YOUR SOCIAL STYLE SESSION — TWO-HOUR VERSION

- Section I: Introduction, Overview, and Self-Perception Questionnaires
- Section II: SOCIAL STYLE Fundamentals
- Section III: Improving Your Effectiveness & Versatility
- Section IV: Versatility
- Section V: Session Conclusion

## **OPTIONAL EXERCISES — FOUR-HOUR VERSION**

- Identify the Facilitator's Style
- Style Observation Rules
- Style Forum
- Developing Actions Toward Others Using the Improving Personal Effectiveness with Versatility Applications Guide
- Developing Actions Toward Others Using the Style Dial
- Strategies for Doing Something for Others
- Do Unto Others Accepts/Rejects Card
- Self-Assessment of your Image, Presentation, Competence and Feedback



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